



Dear Friend,

Thank you for your consideration of services with the SMart Center!

The SMart Center does not accept any medical insurance plans. Some center services may be eligible for possible out-of-network reimbursement.

Here is the information you will want to discuss with your insurance provider to see if our services may be eligible for possible out-of-network reimbursement through your plan:

1.) **Who you are working with:**

- **Option 1:** Licensed Medical Physician – Elisa Shipon-Blum, D.O.
- **Option 2:** Licensed Professional Counselor – Jennifer Brittingham, M.A., L.P.C.
- **Option 3:** Doctoral Trainee under the supervision of Dr. Shipon-Blum (licensed medical doctor, D.O.) and Dr. La Valle (licensed psychologist)

2.) **Typical Diagnosis Codes:**

- Selective Mutism F 94.0 and Social Phobia F 40.10

3.) **Procedure codes given for Individual Treatment:**

- **OPTION 1: Mental Health Coverage** when seeing any of our providers
 - **Intake**
 - **CPT: 90791** *Integrated Biopsychosocial Assessment*
 - **Intensive 1-2 Day:**
 - **CPT: 90889** *Clinical Assessment & Records Review; Clinical Team Meeting (Case Review); Treatment Report*
 - **CPT: 90837** *Individual Psychotherapy*
 - **Jumpstart Program:**
 - **CPT: 90837** *Individual Psychotherapy*
 - **Follow-up Consultations (Monthly Program):**
 - **CPT: 90837** *Individual Psychotherapy*
 - **Follow-up Consultations (Weekly Program):**
 - **CPT: 90834** *Individual Psychotherapy*
- **OPTION 2: Medical Coverage** alternative available when seeing Dr. Shipon-Blum only

- Intensive 1-2 Day OR Therapy Track:
 - CPT: 99245
- Follow-up Consultations:
 - CPT: 99215

4.) **Procedure codes given for Group Treatment (CommuniCamp™):**

- CPT: 90853: *Group Psychotherapy*

5.) **Method of Treatment:**

- Option 1: In-Person
- Option 2: Telehealth (*web-conferencing*)

Be cautious that if your insurance coverage grants x percentage of out-of-network services reimbursement this percentage is based upon what your specific insurance company deems typical and customary for a specific code not a promise to automatically reimburse x percentage of our center's specific fees.

We believe strongly in the effectiveness and efficiency of Dr. Shipon-Blum's evidenced based Social Communication Anxiety Treatment® (S-CAT®) and our comprehensive approach to care which incorporates considerable professional time invested in pre-consultation assessment form review & team collaboration, longer sessions times spent with patient and family, as well as, a comprehensive report (service dependent) detailing a patient's presentation & treatment strategies. Insurance codes provided for services are that which we have found to be as close a match as possible, but there are no codes exactly for our treatment model.

All correspondence with a patient's insurance company regarding reimbursement is between the patient/family, as the member, and their insurance company. **We cannot promise reimbursement for our services as every insurance provider is unique in their coverage conditions.**

We hope this information is helpful in your discussion!

Thank you for your consideration of our services!

SMart Center

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